Organizing cooperation and collaboration in action research

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Imaging Tomorrow – Practitioner Learning for the Future
ElfE – Parents Asking Parents

Objectives

• to support health equity for pre-school children
• to establish peer research with parents in order to support the development of integrated municipal strategies (IMS) for health promotion

Partners

• Berlin Marzahn-Hellersdorf
• local professionals (family center)
• community advocates

Peer research process, first phase

Quelle: ASH 2018
Peer research process, second phase

1. First meeting in person
2. Health equity in early childhood
3. Focus of the research
4. Focus group: "how can the relationship be performed?"
5. Analyzing the focus-group and deduction of theses
6. Reflection on the framed theses with pre-school teachers
7. Deduction of shared recommendations
8. Dialogue and decision: how to get on?

Differences in the joint organization of ElfE-Workshops

- Individual empowerment
- Co-constructing new knowledge

Different...
- understanding of the participatory process
- Work styles (e.g., documentation of the process)
- forms of communicating (e.g., E-Mail)
- forms of bringing the process forward
- forms of presenting the results
  - ...
Age4Health
Health Promoting Neighbourhoods: Experiences, processes, changing hypotheses ...

Prof. Dr. Susanne Kümpers

‘Striving for inclusionary social processes with older people in disadvantaged neighbourhoods’

Witzenhausen (Werra-Meißner-district)
- Rural, shrinking region – small municipality with villages around
- Project partners /steering group
  - Municipality of Witzenhausen, Local Coalition for Families
  - Older People's Council

Kassel-Bettenhausen
- City neighbourhood (former industrialised quarter)
- Project partners /steering group
  - Municipality of Kassel, Department of Older People’s Services
  - Community Center Agathof e.V.
Forms and flows of participation and cooperation

Steering group

Collective neighbourhood walks

Round Table
- Small group work
- Problem & needs identification
- Priorisation

Café Agathe
- Volunteer organizers
- Volunteer pastry cooks

Home Visits: Outreach for counselling and support

Co-Research / Peer Research → Interviews

“This led to doubts as to whether we were doing ‘proper research’ or whether we were doing ‘research properly’” (Cook 2009).

Two working groups

- How to balance elements of action and elements of research in PAR?
- When should we label processes as research and when as social practice?